

COMPANION GUIDE

DREAM JOURNEY



Platform & Participation

- The Dream Journey takes place via **YouTube Live**.
- You do not need your own account – a stable internet connection and a current browser are sufficient.
- You will receive the **link** to the Dream Journey by email the **evening before**.
- If you open the link a few minutes before 21:30, you will first be in the waiting room. Normally, the video starts automatically. If it does not start at 21:30, please refresh the page or open the link again.
- The link is not public (unlisted) and is valid for one subscription only.
- You are neither visible nor audible – **no one can see who is participating**.
- On YouTube I am visible on video live, but the focus is on the sound and the shared space of energy.
- You can join with any internet-enabled device: phone, tablet or computer.

Setting & Atmosphere

- For the best sound quality: **use headphones** – this way you experience an intimate stereo sound.
- Create an undisturbed space for yourself. Be present and give yourself this time – without distractions. (Falling asleep is completely fine.)
- Whether you lie down, sit, or move gently – the choice is yours.

Punctual Start

- Please join on time.
- From 21:35 onwards, entry is closed. The Dream Journey is meant to be a protected and undisturbed space for all participants – frequent joining and leaving would disturb the special atmosphere.
- If you have a temporary internet issue, you are of course welcome to rejoin once reconnected.

Regularity & Cancellations

The Dream Journey generally takes place **first and third Wednesday**.
Exceptions:

- Illness or technical issues: If possible, the Dream Journey will be rescheduled for the following Wednesday. In the event of a cancellation, participants will be notified by email whenever possible.
- Scheduled breaks (e.g. holidays): Any planned breaks will be announced at least one month in advance via email and on the website.

Sound Quality & Possible Noises

- Since my studio is not fully soundproof, ambient noises such as airplanes, rain, or similar may occasionally be heard.
- If the video freezes, please check your internet connection and reduce the video quality if necessary.
- Small clicks or instabilities from my side due to streaming should rarely occur, but cannot be completely ruled out.

Recordings

- Making your own recordings is **not permitted**.
- Occasionally, short excerpts (by me) may be used for marketing purposes.

Feedback

I am happy to hear about your experiences, questions or suggestions: info@marialumen.com

Subscription

- Your subscription renews automatically each month, starting from your personal start date.
- You decide how often you want to join – there's no need to register or cancel for each session.
- You can change your plan anytime: cancel your current subscription, and once it ends, select a new plan.

Prices

Regular monthly contribution:

- CHF 20.– to 40.–, at your discretion
(freely selectable, new each month)

Monthly fee when bringing additional people:

- CHF 10.– for 1 person
 - CHF 5.– for 2 people
- > Brought-along participants must register separately

Trial Journey

- You can join one Dream Journey for free – no commitment.
- The trial plan ends automatically after one week and does not renew. (You'll find it under the price plans.)
- If you enjoy the experience, you can start your monthly subscription online anytime.

Payment

- Pay online via **credit card**, Apple Pay or Google Pay directly on the website: www.marialumen.com
- Payments and renewals are processed automatically based on your personal renewal date.
- If something doesn't work with the online payment or you prefer a different option, just send me an email at info@marialumen.com

Cancellation

- You can cancel your subscription anytime through your member area on the website www.marialumen.com.
- After cancellation, your access remains active until the end of the current paid period.

Dream Journey Audio

- Replay access: Members with an active online subscription can access recordings of the two most recent Dream Journeys in the members area at www.marialumen.com under „Replay.“
- New recordings: The latest Dream Journey will be available no later than Friday following the live session, so you can catch up whenever it suits you.
- Please note that saving or sharing the audio file is not permitted.